

STEP 1

Objective Loosely define your objective for paring down your kitchen in one-ish sentence.

STEP 2

Simple Space Assessment Answer yes or no.

- 1. Do you have a pantry or designated space to store shelf-stable food? YES NO
- 2. If yes, is the space adequately sized for your current needs? YES NO
- 3. Do you have adequate storage for your tools, dinnerware, and small appliances? YES NO
- 4. Are you swimming in too much storage space? YES NO
- 5. Do you have the perfect amount of space? YES NO

If you answered NO in questions 1–3, then you may not have enough storage space to meet your everyday needs. This can be solved in two immediate ways. The first is to create storage space by adding a buffet to a nearby living space or shelves to a nearby closet. The second is to pare down your kitchen tools to the confines of your space. If you answered YES to question 4, then you may have the problem of too much space, which can be a problem. Empty space often gives us visual permission to fill it. Resist. If you answered YES to question 5, tell no one. But stay humble; there are plenty of other problems in the kitchen.

STEP 3

Identify Problems List the problem areas of your kitchen, from space issues to overflow.

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